

LIVING 3 – PARTNERS FOR THOSE BUILDING SUSTAINABLE, VALUED LIVES WITH PEOPLE WHO HAVE ACQUIRED VERY CHALLENGING REPUTATIONS

WHAT DOES LIVING 3 OFFER?

For too long and for too many people the acquisition of a 'challenging' label has proved a life sentence.

Living 3 has been established in direct response to requests from families and professionals who want practical help in organising sustainable and inclusive packages of care that break this mould.

Living 3 assists people who are deemed 'challenging', with their families, friends and professional allies, to **build, enhance** and **sustain** the valued and contributing lives to which they aspire. The medium in which

Living 3 works is predominantly that of self-direction and personalised budgets. Our USP is proven long term experience in supporting people and their supporters through the traumas and incidents that can all too frequently derail returns to familial or community life and responsive, hands-on approach to ensuring sustained success.

Living 3 support arrangements are always personally tailored and may include:

- Expert assistance with 'Good Life' Planning and sustainable and continuously evolving support design
- Expert clinical support in planning, evolving and delivering effective and progressive management of behaviours that have constrained the person's life. Our approach is expressly non-aversive and based in Studio 3's proven Low Arousal technique.
- Help with, if necessary, housing acquisition and adaptation
- Staff recruitment and retention
- Mentoring and supervision of staff
- Mentoring and support to those who are responsible for self-direction
- Management and oversight of any contractors engaged including drafting and negotiating agreements

- Staff Training and development
- Provision of employer and fund holding services on the rare occasions that more appropriate arrangements may not be feasible
- Development, stimulation and maintenance of intentional personal relationship networks/circles of support
- Coordination and liaison with statutory/generic services
- Long term safeguarding of the unfolding support arrangements

Experience has told us that dependence on the services of one specialist provider is more often than not a prescription for a life of institutionalisation and isolation. The **Living 3** approach stresses the importance of coordinating a diversity of support – professional and natural – and the centrality of loving and caring relationships to successful outcomes.

The focus person or (in most cases) their family or circle will:

- Hold the funds and employ any directly recruited staff
- Be the key decision maker in respect of the support arrangements and application of funds
- Negotiate their relationship and agreement with Living 3 explicitly and in writing
- Review their agreement with Living 3 on not less than an annual basis

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THE ROLE OF LIVING 3

Living 3 is a partnership between Studio 3 who are acknowledged leaders providing support to people who challenge services and LivestroughFriends who have evolved person centred thinking and 'support brokerage' practice through their long term contribution to the lives of folk who have been constrained by their behaviours.

Living 3 sees its role as:

- Walking with people and their families for as long as is needed
- Being there for you in both the good times and, with skill and tenacity, at once during the bad

The **priority focus** of a relationship with **Living 3** is to access support in the building and sustaining of full, inclusive and meaningful lives; lives that are lived in relationship, with purpose, in community.

LIVING 3 DOES NOT

- (Usually) hold the funds
- Directly employ support staff in the stead of the family or circle
- Provide day to day administration and management of the support arrangements – we will, however support and supervise the managers.

AVAILABILITY

The support and expertise of Living 3 is available to people and the their families and friends, and also to Service Commissioners and Providers who are committed to the promotion of self-direction and individualised funding, **throughout the UK and the Republic of Ireland.**

COSTS

Are negotiable on an individual basis and can be covered by the Individualised Funding Package. The normal arrangement is an **Annual Fee** for agreed supports over an initial 24 month period, reviewed regularly. Alternatively **Fees for Specific Services** may be negotiated.